



Moving beyond the silos and shaping the future for advancing and scaling up sexual and reproductive health and family planning for climate adaptation and resilience in Uganda and beyond.

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About Regenerate Africa

Priority Themes

- Regenerative Food, Agriculture, and Land Management
- Climate and Green Energy Solutions
- **Gender, Health, and Environment**
- Forests and Water Resources
- Business, Nature and Sustainability
- Resource Governance and Rights



Families and communities face a number of interconnected and intertwined challenges and require integrated approach

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- **food security**
 - **nutrition**
 - **unmet need for family planning**
 - **sexual and reproductive health**
 - **maternal and infant mortality**
 - **environmental degradation, climate change**
 - **water sanitation and hygiene**
 - **gender inequality**
 - **lack of economic/livelihood opportunities**

Example of Integrated PHE Model

Key Interventions:

- Population
 - Provision of Family Planning info & services
- Health
 - Reproductive Health
 - Maternal Health
 - Water Hygiene & Sanitation
 - Nutrition
- Environment
 - Sustainable fishing
 - Sustainable agriculture
 - Biodiversity Conservation
 - Sustainable livelihood Diversification

Model Household

Key Processes :

- Participatory needs assessment
- Community engagement
- Building capacity through training & supervision
- Systems strengthening
- Participatory monitoring & reporting
- Advocacy

Inter-sectoral Collaboration

Gender mainstreaming and youth

Resilient Households



- Households adopt positive behaviors & practices in Sustainable Agriculture, Health, SRH & FP, WASH, natural resource management.
- Increased uptake for family planning and SRH services
- Improved health care systems and health seeking behaviors community driven
- Food security and nutrition
- Increased Conservation outcomes
- Incomes through diversified livelihood
- Gender equality

Both the importance and the complexity of pursuing integrated population, health and environment (PHE/PED) approaches have been affirmed by experts as necessary to achieve the following by a wide range

- **National Development Plan 3**
- **Vision 2024**
- **Climate Agenda**
- **SDG targets**
- **Development Plans**



Key barriers to address?

- 1. Population and family planning have been largely left out of adaptation proposals and projects due to silo mindset**
- 2. Low exposure of the policy makers and actors to understand the intrinsic linkage b/n Population, Health, Gender and Climate/Environment**
- 3. Policy and institutional frameworks support for integration**
- 4. Decision makers and funding partners need to be convinced by evidence, good documentation and first hand experience**
- 5. Funding streams tend to be highly verticalized making scale up of integrated approaches harder**
- 6. Low/No Adaptation and climate action engagement processes for integration of SRHR into responsive climate actions**